

Community Presentations

Please call 303.449.7740 to schedule a presentation tailored to meet your specific needs

End-Of-Life

Knowing Where to Turn — An introduction to HospiceCare

It's Hard to Talk About Dying — Difficult conversations about the end of life

Palliative Care and Hospice — Following the continuum of care

Building the Bridge—Understanding end-of-life care before you need it

Could We All be Right? — Ethical issues in end-of-life care

Bestowing Our Blessings — Ethical wills

Talking About the Hard Stuff— Why and how to start and finish your Advance Directives

Making Your Own Choices When it Matters Most — *Five Wishes* for my family and for myself

How Can I Speak for Someone Else?— What is a Medical Durable Power of Attorney?

We All Do it Differently and the Same — Exploring death and grief rituals around the world

When “What If” Turns into “When”— Understanding anticipatory grief

Sticks and Stones May Break My Bones, but so can CPR — A guide to medical technologies at the end of life

Having a Good Disposition, Even When You're Dead — An informative look at different kinds of body disposition

Caregiver Education/Support

Losses Along the Way— Recognizing the grief of caregivers

What About Me?— Caring for the caregiver

Holding Ground and Holding Space — The essential balance for caregivers

Share the Care— A community model of supporting caregivers and care receivers

Additional topics:

Long-distance caregiving

Understanding family dynamics at the end of life

Caring Skills

Please Hear What I'm Saying— Listening skills for everybody

Saying It Without Saying It— Body language counts!

So Much More Than Words— Rituals for dying, death and grief

Staying On Your Side of the Table — Understanding why personal boundaries are so important



Grief

Living Well With Loss — Understanding grief

My Friend Hurts: How Can I Help? — Supporting a friend in grief

Understanding Children and Teens in Grief — Helping children and teens cope with death

More Than Sadness — Trusting body, mind and spirit when you're grieving

Complicated Grief — Isn't it all complicated?

What Happened? — Dealing with sudden death

It's the Time of the Year You're Supposed to be Happy — Coping with the holidays when you're grieving

Additional topics:

Different styles of grievers

Disenfranchised grief

A current look at grief theory and what it means in practice

Personal grief and the grief of being human

Miscellaneous

The Joy of Thrifting — HospiceCare and Share Thrift Shop

The Goals and the Gifts — HospiceCare volunteer opportunities

