

HOSPICE CARE OF BOULDER AND BROOMFIELD COUNTIES



Staying in Charge of Your Life When It Matters Most: A Half Day Advance Directives Workshop

Spending 4 hours now can help you avoid confusion and stay in control when the time comes to make critical end-of-life care decisions. Join us for a fascinating half-day workshop designed to help you understand your choices for care and how to communicate your end-of-life wishes so they'll be honored. Topics include:

- How to initiate and continue conversations with the people who need to know about your end-of-life decisions, and why those conversations are critical
- Choosing a Health Care Agent
- Creating a Living Will that truly follows your wishes

WHEN: Friday, January 20th, 9:00 AM TO 1 PM

WHERE: Tri Town Senior Center 6615 Frederick Way, Frederick, CO

This workshop is offered at NO CHARGE. Refreshments will be provided. RESERVATIONS REQUIRED. Please RSVP to Jessica O'Leary at jessicaoleary@hospicecareonline.org or 720.841.5916.



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Staying in Charge of Your Life When It Matters Most: A 5 Part Series on Advance Directives

Join Bob Ritzen, HospiceCare Community Educator, for a five session series that builds a strong base of knowledge about how to understand your end-of-life care choices now, and how to make sure your wishes will be honored.

**Thursdays from 10 to 11AM
Berthoud Community Center, 248 Welch Ave, Berthoud**

- **February 2nd:** CRITICAL CONVERSATIONS: Planning Your End-of-Life Decisions
- **February 9th:** IF I CAN'T TALK, HOW WILL THEY KNOW WHAT I NEED: Understanding Durable Medical Powers of Attorney
- **February 16th:** LETTING YOUR VALUES GUIDE YOU: Creating a Living Will that Reflects the Best of Your Life
- **February 23rd:** BUILDING THE BRIDGE: End-of-Life Care Isn't About the Last Two Weeks
- **March 1st:** KNOWING WHERE TO TURN: An Introduction to HospiceCare

This series is offered at NO CHARGE but please call/email HospiceCare Liaison Jessica O'Leary for info and to register 720.841.5916 or jessicaoleary@hospicecareonline.org. Refreshments will be provided.

