

# Healing with Horses

*Designed for children, adolescents, adults and families who have experienced the death of a loved one*



This unique equine-assisted support group brings together experienced HospiceCare staff, licensed professional therapists, grieving individuals and horses to help group members learn they're not alone. Participants are taught strategies to express their grief, reduce stress and isolation and connect with others who have experienced the death of a loved one. Special activities involving creative expression, horsemanship and movement are designed to help deepen connections.

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## Children & Adolescent Spring 2010 Session

*Dates:* Meets 8 Tuesdays, March 9<sup>th</sup> to May 4<sup>th</sup> (no group on March 23<sup>rd</sup>)

Family Night: May 11th

*Time:* 5:00pm to 7:00pm

*Location:* Medicine Horse Program

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### To register contact:

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